



Welcome

The Whalley Town Centre is home to multi-generational facilities offering adults 55+ a wide range of activities to meet community needs and promote health and wellness.

Facility Hours

Chuck Bailey

Monday - Thursday 9:00am - 9:00pm
Friday - Sunday 9:00am - 4:00pm

North Surrey Sport & Ice Complex

Monday - Wednesday 8:00am - 9:00pm
Thursday 6:00am - 9:00pm
Friday 8:00am - 9:00pm
Saturday - Sunday 8:00am - 8:00pm

Holiday Hours

Friday, April 18 9:00am - 4:00pm
Monday, April 21 9:00am - 4:00pm

Seniors Services Membership & Membership Activities

The City of Surrey's Seniors Services Membership (55+) gives you local and citywide access to welcoming recreation, social spaces, and fun ways to connect with your community. For \$30/ year, enjoy access to free or nominal fee volunteer-led registered drop-in activities, events, and clubs, as well as discount pricing on select 55+ registered programs. Looking to try a program out? Join us for up to 3 free drop ins. All 55+ Drop In Membership Activities require registration before attending. You can register online, by phone or by stopping by any City of Surrey Recreation Centre. **Please note you must have a valid membership at the start date of the program to receive the discount or be able to register for the program.**

55+ Membership Activity Groups			
Monday	Pottery Xin Jiang Dance	10:15am - 2:15pm 9:30am - 11:30am	Surrey Arts Centre North Surrey Sport & Ice Complex
Tuesday	Carpet Bowling Painting Choir Table Tennis	9:30am - 12:00pm 9:30am - 12:30pm 12:30pm - 2:30pm 1:00pm - 3:00pm	Chuck Bailey Chuck Bailey Chuck Bailey Chuck Bailey
Wednesday	Pickleball Xin Jiang Dance Cribbage	9:30am - 11:30am 9:30am - 11:30am 12:00pm - 2:00pm	Chuck Bailey North Surrey Sport & Ice Complex Chuck Bailey
Thursday	Carpet Bowling Table Tennis Knitting & Crafting	9:30am - 12:00pm 1:00pm - 3:00pm 1:00pm - 3:00pm	Chuck Bailey Chuck Bailey Chuck Bailey
Friday	Bridge Xin Jiang Dance	12:30pm - 3:00pm 12:00pm - 2:00pm	Chuck Bailey North Surrey Sport & Ice Complex
Saturday	Bingo	11:00am - 1:30pm	Chuck Bailey
Daily	Snooker & Pool	During facility operating hours.	Chuck Bailey

Volunteers

Below are our greatly appreciated volunteers who help out on a regular basis with our Senior's Programs:

- Bingo — **Cynnamon & Terry**
- Bridge — **Colette & Doreen**
- Carpet Bowling — **Warren**
- Choir — **Diane H.**
- Cribbage—**Warren**
- Food Services — **Bob, Craig, Gertie, Joyce K., Marge, Peter, Sandy, Warren & Wendy**
- Knitting — **Eniko**
- Painting for Pleasure — **Joyce M. & Maxine**
- Pottery — **Diane M.**
- Table Tennis — **Kim & Nancy**
- Snooker/Pool — **Steadwick**
- Xin Jiang - Uyghur Dance — **Lanying**
- Advisory Committee — **Colette, Diane H., Frank, Glynnis, Joyce M., & Maxine**

Sunrise Café

**Monday - Friday
10:00am - 2:00pm**

Our café offers a casual setting for you to enjoy a meal and socialize with other members of the community. Enjoy a variety of baked goods, soups, sandwiches, hot beverages, and omelettes, available daily. Tuesday through Thursday, a hot lunch menu option is offered until meals run out. **Please note that the café will be closed on Monday, April 21st, 2025.**

April 1	Oven Baked Chicken Thighs
April 2	Meatballs & Mash
April 3	Meatloaf & Mash
April 8	Parmesan Chicken & Rice
April 9	Ribs
April 10	Shepherds Pie
April 15	Ham & Scalloped Potatoes
April 16	Turkey Lunch
April 17	Sweet & Sour Pork Ribs
April 22	Lasagna
April 23	Chicken Pot Pie
April 24	Chicken Schnitzel
April 29	Perogies
April 30	Baked Salmon

We would like to extend our gratitude to our café team! Our staff and volunteers have spent countless hours serving our community with excellence and a smile. Thank you so much for all you do!

Joke Of The Month

Question: Why do eggs like April Fools' Day?
Answer: They love practical yolks!

VIEW Online

You can receive this newsletter by email. Sign up for Seniors Recreation & Events at surrey.ca/news.

Drop In Cribbage Debut

Wednesday, April 2 | 12:00pm - 2:00pm

Chuck Bailey Recreation Centre

Want to put your strategic thinking skills to the test? Come join our drop in cribbage session that take place every Wednesday starting April 2nd in the large multipurpose room! New and experienced players are welcome! Please note that for the third Wednesday of every month, cribbage will be taking place in the youth lounge. **A seniors services membership is required to participate.**

Arm Chair Traveller

Thursday, April 24 | 1:00pm - 3:00pm

Chuck Bailey Recreation Centre

Register for Chuck Bailey's fourth Arm Chair Traveller session! Explore the beauty of Ecuador from the comfort of a chair by watching documentaries, playing games and having a snack! **Price is \$5.50.**

Special Café Day

Come have a good laugh on Tuesday April 27th with our wall of jokes!

Introduction to Indoor Cycling - Adult

Thursday | 6:15pm - 7:00pm

North Surrey Sport and Ice Complex

Learn the basics of this low-impact cycling workout that features a variety of hills, sprints and intervals. No cycling experience necessary.

Seniors Lounge

Our Seniors Lounge is open for those with a Seniors Services Pass. Come sip on coffee, read a book, or play a game of cards with your friends! Open during facility operating hours.

Chuck Bailey Recreation Centre

13458 107A Ave | 604-598-5898

North Surrey Sport & Ice Complex

10950 126A St | 604-591-4410

Surrey Arts Centre

13750 88 Ave | 604-501-5566

Easter Train

Saturday, April 5 | 10:00am - 6:00pm

Sunday, April 6 | 10:00am - 6:00pm

Saturday, April 12 | 10:00am - 6:00pm

Sunday, April 13 | 10:00am - 6:00pm

Friday, April 18 | 10:00am - 6:00pm

Saturday, April 19 | 10:00am - 6:00pm

Sunday, April 20 | 10:00am - 6:00pm

Monday, April 21 | 10:00am - 6:00pm

Bear Creek Park | 13750 88 Ave

Enjoy this family event beginning on Saturday April 5th which includes a delightful train ride, egg hunt, a meet and greet with the Easter bunny, engaging arts and crafts, exciting games for children and a petting zoo! **Tickets cost \$15 and are available for purchase on site.** Please note that children under the age of two are entitled to a free admission. For more information, please visit the following link <https://www.bctrains.com/easter>.

Upcoming Tournaments

Bridge Tournament

Friday, April 4 | 11:00am - 3:00pm

Friday, May 2 | 11:00am - 3:00pm

Chuck Bailey Recreation Centre

Registration is required for all drop ins and tournaments. Please stop by our front desk or call 604-598-5898 for more information and to register.

Food Truck Wars

Friday, April 11 | 3:00pm - 9:00pm

Cloverdale Rodeo & Exhibition Grounds |

6050 176 Street, Surrey, BC

Come to Surrey's Biggest Street Food Showdown at Food Truck Wars 2025! Be ready to welcome back beloved trucks like Bao Buns, Ogo Pogo Macn N Cheese and more culinary masters joining the competition! Please send all inquiries to hello@greatervanfoodtruckfest.com or secure your tickets by visiting the link below <https://greatervanfoodtruckfest.com/gvftf-events/food-truck-wars-2025/>.

Drop In Fit - 55+

Monday | 9:15am - 10:15am

Friday | 9:15am - 10:15am

Chuck Bailey Recreation Centre

Enjoy moderate intensity exercise consisting of low-impact cardio followed by muscle conditioning and relaxing stretch techniques.

World's Largest Vaisakhi Celebration

Saturday, April 19 | 9:00am - 5:00pm

Gurdwara Sahib Dasmesh Darbar

12885-85 Avenue |

Every April, millions of Sikhs world-wide celebrate Vaisakhi Day, a day that marks the New Year in the Sikh calendar. **The parade begins at 9:00am and ends at 5:00pm.** It travels along 124th Street, turns left onto 75th Avenue, continues on 76th Avenue, and onto 128th Street before returning to the temple located at 12885-85 Avenue. The **free event** features floats, cultural performances, live music and free food and beverages.

There will be road closures in place to facilitate the parade and activities. Parking is limited near the parade route and attendees are encouraged to travel to the event via transit. For more information or to apply as a performer please visit the following link <https://www.surreyvaisakhiparade.com/>.

Focus On Seniors Webinar - 55+

Wednesday, April 16 | 11:00am - 12:00pm
Online

Register for a free informative webinar for seniors, their families and caregivers. Tune in for a variety of topics and resources relevant to 55+ adults living in Surrey. To register, please visit the following link <https://cityofsurrey.perfectmind.com/23615/Clients/BookMe4LandingPages/CoursesLandingPage?widgetId=b4059e75-9755-401f-a7b5-d7c75361420d&redirectedFromEmbeddedMode=False&courseId=d88791a5-142e-4cfb-bf42-556a27f02096>.

National Volunteer Week

Join us April 27th to May 3rd as we celebrate our volunteers. This year's theme is "Volunteers Make Waves," which highlights the the power, impact and importance of individual and collective volunteer efforts across Canada. Like a wave, volunteering is movement building . Thank you to our volunteers for stepping up to volunteer when we need help in our programs. By sharing your time, skills, and creativity, you have become a valued and trusted partner in the Adult/55+ Services. Your volunteer work enriched the lives of many. We can't thank YOU enough for all you do.